

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Catholic Charities of the Diocese of Winona, Inc.

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Goal: Catholic Charities will sustain, across a broad swath of southern Minnesota, a high degree of accessibility, responsiveness, and advocacy for pregnant women and women with babies that is absolutely vital to providing alternatives to abortion

For the period: January – March 2016

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|----------------------------------|--|-----------------|--|--------------|
| Administrative Activities | Provide guidance to grant staff, complete grant forms, attend required grant meetings, provide on-going crisis intervention counseling training | | Monthly staff meetings for licensed staff in addition to one on one support. Social workers and support staff report each call on an initial contact form and discuss needs and referral plans. | |
| Outreach | Place pregnancy posters across service area, distribute marketing and informational materials, advertise, make presentations, maintain website and host community events | | Staff distributed 42 <u>posters</u> to various locations. <u>Direct</u> contact was made with staff from Wellcome Manor, Helping Hands Pregnancy Center, First Steps, Mankato Area Salvation Army, MN Valley Action Council – St. Peter, Express Employment, Sanford Hospital, Windom Area Hospital, Options for Women, Mankato Birthright, School District #77, Owatonna Hospital Social Worker, Steele Co. Transitional Housing, Owatonna Ministerial Association, Steele County Times reporter, Ruth's House, Rochester Bundles of Love, Rochester Community Tech. College Advisor and Counselor, Winona Clinic Social Worker, Red Wing Salvation Army, Winona Health Social Worker and | |

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| | | | <p>intern, Winona Birthright, Winona Bundles of Love, Winona Headstart, and a Winona State Social Work student.</p> <p><u>Folders</u> were distributed to Wellcome Manor Family Services, Minnesota Valley Action Council – St. Peter, Sanford Hospital, Windom Area Hospital, Owatonna Hospital Social Worker, Byron High School Counselors, Ruth's House, Winona Clinic Social Worker, Winona Health Social Worker and intern and Winona Bundles of Love.</p> <p>Staff are <u>active members</u> of Infant Mental Health, Birthparent Collaborative, Interagency Adoption, Rochester Area Fatherhood Network, Homeless Community Network, Maternal, Child and Family Health Partnership, Catholic Charities USA, Mankato Community Network, Mankato Homeless Response Team and Owatonna Community Services Collaborative.</p> <p><u>Booths</u> were displayed at Steele Co. Project Community Connect and at Olmsted Co. Project Community Connect.</p> <p><u>Presentations</u> were given to the Rochester Deanery and the Winona Deanery.</p> <p><u>Mailings</u> were sent to 16 community resource referrals for Nurturing Healthy Families, Winona Headstart, 1,561 postcards for community resource referrals and 106 clients for Nurturing Healthy Families invitations.</p> <p><u>Advertising</u> via bathroom stall ads, Yellow Pages, Facebook, internet and website is on-going and updated as needed.</p> | |
| Adoption Education | Social workers provide support services including counseling; assessment; explore parenting and adoption options through education and information; support women in their ability to be self-sufficient | 2 - 4 | Provided 35 visits to women in order to explore the option of adoption and make a plan for their baby. Assisted the women in being connected to local resources and supported their decisions. Facilitated one adoption placement and provided support for a woman who chose adoption for her baby. | 35 |

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| Financial Assistance | Provide financial assistance from donated funds to assist eligible women; assist women in applying for financial assistance from other agencies | 15-22 | Staff worked with 29 women to process their need for financial assistance. Women received assistance for rent, mortgage, utilities, daycare and other expenses. Connected the women with other resource opportunities. | 29 |
| Hotline | Licensed social workers provide assessments and make referrals to clients 24/7 | 25-40 | Staff answered 113 calls to our office and 24 hour hotline and assisted two clients who walked into the office without a scheduled appointment to provide assessments and referrals. Out of those contacts, 60 women were eligible for services. | 60 |
| Parenting Education | Social workers provide support services including counseling; assessment; explore parenting option through education and information; provide safety, financial literacy and parenting education; provide Nurturing Healthy Families education class; improve family stability and self-sufficiency | 20-30 | Staff provided 84 visits with women who were making a parenting plan for themselves and their baby. Assisted the women in being connected to local resources and provided essential parent education and support. Offered monthly education classes at three office sites. | 84 |
| Pregnancy Education | Social workers provide support services including counseling; assessment; explore parenting option through education and information; provide safety, financial literacy and pregnancy education; provide Nurturing Healthy Families education class; improve family stability and self-sufficiency | 10 - 20 | Had 54 visits with women to provide pregnancy information and education. Discussed options of adoption and parenting with these women. Assisted the women in being connected to local resources and provided essential pregnancy and parent education and support. Offered monthly education classes at three office sites. | 54 |
| Provide Necessary Services Assessments | Staff provides clients only intake assessments, information on, referral to and assistance with securing | 4 - 8 | Staff provided assessment and referrals for necessary services only to 10 women. | 10 |

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|----------------------------|--|------------------------|---|---------------------|
| Only | necessary services | | | |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---|------------|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i> | |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i> | |
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i> | 30 |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i> | 30 |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | |
| <i>Number of women who received sleep safety education only from a PA funded program activity</i> | 30 |

Challenges:

Comments: